

PERSONAL INFORMATION Anna Antonia Valenzano

Enterprise	University	EPR
<input type="checkbox"/> Management Level	<input type="checkbox"/> Full professor	<input type="checkbox"/> Research Director and 1st level Technologist / First Researcher and 2nd level Technologist / Principal Investigator
<input type="checkbox"/> Mid-Management Level	<input type="checkbox"/> Associate Professor	<input type="checkbox"/> Level III Researcher and Technologist
<input type="checkbox"/> Employee / worker level	<input checked="" type="checkbox"/> Researcher and Technologist of IV, V, VI and VII level / Technical collaborator	<input type="checkbox"/> Researcher and Technologist of IV, V, VI and VII level / Technical collaborator

WORK EXPERIENCE

- 2021 - Tenure Track (SSD, M-EDF/02) - 06/N2, Department of Clinical and Experimental Medicine of University of Foggia
- 2021 - Scientific Consultant for Adapted Physical Exercise programmes and Sports Nutrition, Clinical Unit of Sport Medicine, "Policlinico Riuniti", Foggia - Italy [\[Public Healthcare\]](#)
- 2014 - 2020 Technical -scientific manager, Lab. of Physiology , Dept. Clinical and Experimental Medicine University of Foggia, Italy
- 2015 - Coordinator of Practical Internship - Training activities, Degree Course in Dietetics, University of Foggia
- 2012 - 2016 Scientific Responsible, School of Nutrition and Integration in Sport (SANIS), Foggia - Italy

EDUCATION AND TRAINING

- 2012 PhD in Food Quality and Human Nutrition - XXIII Cycle, University of Foggia, Italy [Rating: cum laude]
- 2011 Qualification to practice the profession of Biological Nutritionist, University of Rome Tor Vergata
- February - August 2010 Visiting research within the Erasmus project: "Healthy Eating and Active Lifestyles" at the Faculty of Medicine - Department of Medical Sciences, Universitat Rovira i Virgili Tarragona / Reus - Spain
- 2007 Master's Degree in Science of Human Nutrition, University of Rome "Tor Vergata, Italy [Rating: cum laude]
- 2003 Master Degree in Motor Sciences University of Foggia, Italy [Rating: cum laude]

WORK ACTIVITIES

- Editorial activity**
- Reviewer, Nutrition, 2020-2021
 - Guest Editor for Special Issue "The Relationship Between Physical Activity and Cortical Excitability", Frontier in Physiology section Exercise Physiology, 2018

- Invited presentations**
- Speaker at the 1st International Conference Sport Nutrition on the Edge of the New Era, Milan, Italy
 - Speaker at the 61th Congress of the Italian Society of Physiology, Varese, Italy
 - Speaker at the 57th Annual Meeting of American College of Sport Medicine and World congress on Exercise is Medicine - Baltimore, Maryland USA
- Grants**
- 2019 - EU Erasmus project, KA2 "Correct it"
 - Commissioned research project: "Very Low Calorie Ketogenic Diet and physical activity in the control of visceral fat", Therascience LDT, Monaco
 - 2007-2013 National Operational Program "Research and Competitiveness", Ministry of University and Research, titled: "Technological and Clinical Protocols for the production of functional foods".

ADDITIONAL INFORMATION

Publications

total number of publications in peer-review journals: 92
total Impact Factor (IF): 241,344; (average IF/paper): 3,136
total number of citations: 2188
H index: 29

Relevant and more recent publications (last 10 years)

Chieffi, S., Messina, G., Villano, I., Messina, A., Esposito, M., Monda, V., Valenzano, A., Moscatelli, F., Esposito, T., Carotenuto, M., Viggiano, A., Cibelli, G., Monda, M. Exercise influence on hippocampal function: Possible involvement of orexin-a (2017) *Frontiers in Physiology*, . Cited 78 times. DOI: 10.3389/fphys.2017.00085

Messina, A., De Fusco, C., Monda, V., Esposito, M., Moscatelli, F., Valenzano, A., Carotenuto, M., Viggiano, E., Chieffi, S., De Luca, V., Cibelli, G., Monda, M., Messina, G. Role of the orexin system on the hypothalamus-pituitary-thyroid axis (2016) *Frontiers in Neural Circuits*, . Cited 70 times. DOI: 10.3389/fncir.2016.00066

Villano, I., Messina, A., Valenzano, A., Moscatelli, F., Esposito, T., Monda, V., Esposito, M., Precenzano, F., Carotenuto, M., Viggiano, A., Chieffi, S., Cibelli, G., Monda, M., Messina, G. Basal forebrain cholinergic system and orexin neurons: Effects on attention (2017) *Frontiers in Behavioral Neuroscience*, . Cited 66 times. DOI: 10.3389/fnbeh.2017.00010

Messina, G., Monda, V., Moscatelli, F., Valenzano, A.A., Monda, G., Esposito, T., Blasio, S.D., Messina, A., Tafuri, D., Barillari, M.R., Cibelli, G., Chieffi, S., Variale, B., Monda, M. Role of orexin system in obesity (2015) *Biology and Medicine*, . Cited 64 times. DOI: 10.4172/0974-8369.1000248

Chieffi, S., Messina, G., Villano, I., Messina, A., Valenzano, A., Moscatelli, F., Salerno, M., Sullo, A., Avola, R., Monda, V., Cibelli, G., Monda, M. Neuroprotective effects of physical activity: Evidence from human and animal studies (2017) *Frontiers in Neurology*, . Cited 60 times. DOI: 10.3389/fneur.2017.00188

Triggiani, A.I., Valenzano, A., Ciliberti, M.A.P., Moscatelli, F., Villani, S., Monda, M., Messina, G., Federici, A., Babiloni, C., Cibelli, G. Heart rate variability is reduced in underweight and overweight healthy adult women (2017) *Clinical Physiology and Functional Imaging*, . Cited 60 times. DOI: 10.1111/cpf.12281

Moscatelli, F., Valenzano, A., Petito, A., Triggiani, A.I., Ciliberti, M.A.P., Luongo, L., Carotenuto, M., Esposito, M., Messina, A., Monda, V., Monda, M., Capranica, L., Messina, G., Cibelli, G. Relationship between blood lactate and cortical excitability between taekwondo athletes and non-athletes after hand-grip exercise (2016) *Somatosensory and Motor Research*, . Cited 56 times. DOI: 10.1080/08990220.2016.1203305

Foggia, February, 9th, 2022